IN THE CLAIMS:

 (Currently Amended) An adjustable mounting for a wall hanging an object on a wall comprising:

a mounting element having a perimeter;

a wall threaded fastener passing through a hole in said mounting element and into said wall and edopted adapted to be rotated to be advanced into said wall and tightened against said mounting element to press said mounting element against a wall surface of said wall to a selective degree to create a sufficient frictional force acting between said surface of said wall and said mounting element to prevent rotation of said mounting element about said fastener or loose selectively loosened to allow rotation of said mounting element on said fastener while said mounting element is held in a position against said wall surface by said fastener;

an engagement feature on said mounting element engageable with a wall hanging support attached to said wall hanging object to be mounted thereon, said feature located eccentrically with respect to said hole and said threaded fastener so as to be shifted vertically when said mounting element is rotated about said threaded fastener;

said mounting element freely rotatable on about said threaded fastener when positioned thereby against said wall surface with said fastener loosened sufficiently to reduce said frictional force acting between said surface of said wall and said mounting element loose to thereby vertically shift a point of engagement of said feature with said wall hanging support to a desired vertical position height on said wall, said mounting element thereafter able to be frictionally held against said wall surface in said desired vertical position to be nonrotatable upon by tightening of

said threaded fastener against said mounting element to create said frictional force acting between said mounting element and said wall surface sufficient to prevent rotation of said mounting element on said fastener with said object held thereon by said hanging support.

- 2. (Currently Amended) The mounting according to claim 1 wherein said mounting element is a generally round disc and said engagement feature comprises the a bottom of an annular space extending around a perimeter of said disc.
 - 3. (Cancelled)
- 4. (Original) The mounting according to claim 2 wherein said annular space is defined by two series of teeth arranged about said perimeter lying on either side of said mounting element.
- (Previously Presented) The mounting according to claim 4 herein each of said series of teeth are flared outwardly away from each other to define said annular space.
- (Original) The mounting according to claim 5 wherein said teeth in each series
 are offset from each other.
- 7. (Currently Amended) The mounting according to claim 6 wherein an annular a surface extends between each of said series of teeth, defining the bottom of said annular space.

- 8. (Currently Amended) The mounting according to claim 7 wherein said annular surface is stepped, being further out radially adjacent one set of teeth relative to the second set of teeth.
- 9. (Currently Amended) The mounting according to claim 2 wherein said disc comprising said mounting element has a peripheral groove with continuous flared sides extending about said perimeter of said disc, said groove forming said annular space.
- 10. (Currently Amended) The mounting according to claim 3 1 wherein said threaded fastener is received in an anchor seated in said wall, and further including a counterbore at each end of said hole, one counterbore receiving a head of said threaded fastener the other counterbore receiving a flange on said anchor.
- 11. (Withdrawn) A method of adjustably mounting wall hanging to a wall comprising the steps of securing a mounting element to a wall by a fastener passed through a hole in said element;

rotating said element about said fastener as necessary to a selected position where an engagement feature of said element located eccentrically to said hole is positioned at a corresponding desired height for support of said wall hanging and thereafter tightening said fastener to prevent further rotation of said element;

and engaging said feature with a support fixed to said wall hanging to mount said

wall hanging thereon.

12. (Withdrawn) The method according to claim 11 wherein said step of engaging said engagement feature includes the step of engaging a top of a perimeter portion of said element without an annular space extending around the perimeter of said disc with said wall hanging support.